

Friday 16<sup>th</sup> September

## **RSE Parent Consultations**

Dear Parents and Carers,

As a part of your child's education at Stanford Junior and Infants school, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

The PSHE curriculum also encompases RSE (Relationships and Sex Education). These lessons will include pupils learning about: Healthy relationships, including friendships; families; growing and changing, including puberty (KS2 only); personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Pupils will also have opportunities to ask questions.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website <u>www.stanfordschool.org</u> for more details about our PSHE and RSE curriculum at Stanford, including an overview of the RSE curriculum for each year group.

All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values. I feel it is important to note that PSHE is compulsory in primary school, parents and carers do have the right to withdraw pupils from Sex Education, but not where it is covered within the Science curriculum.

As a school community, we are committed to working in partnership with parents; if you would like to find out more or discuss any concerns, please contact the school office.

Yours sincerely,

Mrs K Marsden SMSC, PSHE and RSE Curriculum Lead